

Healthy Families **SUCCESSFUL START**

1413 Fulton Street, Brooklyn, New York 11216
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Mission:

To provide comprehensive home visiting services that facilitates a healthy environment for children to develop and grow and to empower parents to become independent and self sufficient in meeting the needs of their families.

Who We Are?

Healthy Families Successful Start (HFSS) is based on the Healthy Families America model (which is an evidenced based model). It is a free and voluntary, home visiting program that offers services to families beginning weekly and decrease over time, until the child starts school or Head Start.

Who is Eligible?

HFSS is open to first-time parents as well as parents with multiple children living in **zip code 11216** (Bedford Stuyvesant and North Crown Heights). The child must be under three months for services to be initiated (i.e. prenatal to 2 months).

What are the Program Goals?

- To prevent child abuse & neglect
- Promote positive parenting skills and parent-child interaction
- Ensure optimal prenatal care and child health and development
- Enhance family self-sufficiency

Services provided include:

- Home Visits (family goals, child development and fun activities addressed)
- Parenting Support Groups (discipline, feeding, sleeping, networking, etc)
- Developmental Screens (Ages and Stages questionnaire)
- Mental Health Screening (PHQ-9)
- Referrals to community resources (medical provider, W.I.C, employment, school, PCAP etc)

Research proves that Healthy Families programs improves birth outcomes, reduces incidents of child abuse and neglect, promotes success in school, supports positive parenting skills and saves New York State money.

Funding Source: Office of Children and Family Services
<http://www.healthyfamiliesnewyork.org>